



# A WEST SUMATRAN ADVENTURE

With Janet DeNeefe

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4-7 June 2026 | 4D/3N



## A WEST SUMATRAN ADVENTURE

Our West Sumatra adventure takes you you into the heart of West Sumatra and deep into a land steeped in time-honored traditions. Start in the charming capital, where the air is thick with enticing aromas and the streets hum with stories waiting to be told. Journey next to Bukit Tinggi, a captivating town that feels like a pause in time, before veering into the Minangkabau highlands, where pastel-toned longhouses with their emblematic horn-shaped roofs punctuate the lush landscape. It's like stepping into a surreal tale where ancient mythology prevails.





This isn't just a tour; it's an invitation to immerse yourself in a rich tapestry of culture. Engage with the village rhythms, share laughter with locals, and feast on the epicurean treasures that define West Sumatra. Here, each dish is more than just food—it's a narrative of history and pride. From the bold spices of rendang to the comforting embrace of nasi padang, each bite is a window into the soul of this remarkable place.

Welcome to an adventure that lingers in the heart and mind, long after the last bite has vanished.

**Janet DeNeefe**



The cuisine of West Sumatra is considered the queen of the archipelago. Trade routes supplied the spice; generations perfected the method. Luscious, multi-layered, deeply aromatic, each preparation reveals structure as much as seduction. Each ingredient, each spice, unravels a story.

Walk the markets. Breathe the turmeric, the galangal, the curling smoke of chili. Taste dishes shaped by memory and migration, guided by cooks whose knowledge runs deeper than recipes.

*This is not simply a meal.  
It is world history served at the table.*





Beyond the table rises another narrative - the sweep of mosque domes, the dramatic horns of Minangkabau roofs, houses built like poetry against the sky. Walk through villages where architecture speaks of lineage, migration, belief.

*Taste, then wander. Follow the perfume of markets and charming eateries into history written in wood, stone, and fire.*



# TOUR PROGRAM





## HIGHLIGHT

*From bustling Padang to the cool highlands of Bukittinggi, today reveals the soul of West Sumatra. We explore a vibrant traditional market and Old Town coffee culture before heading into the Minangkabau heartland. At Rumah Gadang Silaing Bawah, heritage comes alive through architecture and traditional dress, followed by authentic village-style Padang cuisine and local coconut pancakes. The day ends beneath the iconic Jam Gadang, where Bukittinggi crisp mountain air, street flavors, and cultural charm create an atmosphere found nowhere else in Indonesia.*

### DAY ONE | Thursday 4 June 2026

- Breakfast in Hotel
- Check out then visit wet market Padang
- Coffee at Old Town Padang
- Visit Rumah Gadang Silaing Bawah and Dress-Ups
- Lunch Padang resto in Aie Angek village
- Stop by at Bika Talago local coconut pancakes and Sumatran coffee
- Check into Santika hotel Bukittinggi
- Visit Jam Gadang and walk around city sampling street food and Dinner

## HIGHLIGHT

*The morning begins at Pasar Bawah, where the scent of fresh spices, ripe tropical fruit, and sizzling street snacks fills the air. We slow down over brunch at Uni Lis, savoring comforting local flavors before heading to Taman Panorama, where Bukittinggi's cool mountain breeze and sweeping green valleys set a tranquil tone. Nearby, the Japanese Tunnel reveals layers of wartime history carved into stone. After lunch, we continue to Pandai Sikek Village, home to master weavers whose intricate songket textiles reflect generations of Minangkabau artistry.*

## DAY TWO | Friday 5 June 2026

- Pasar Bawa and brunch at Uni Lis.
- Taman Panorama: Starting with nature sets a relaxing tone for the day.
- Japanese Tunnel: This follows logically as a historical site nearby.
- Lunch: A good break after exploring, positioning you for the afternoon.
- Pandai Sikek Village: Close to Bukittinggi, this allows you to see weaving without having to backtrack.
- Back to the Hotel, Rest and Free time
- Dinner



## HIGHLIGHT

*We begin at the Hatta Museum, honoring Indonesia's first Vice President, Mohammad Hatta, before continuing to the majestic Istana Basa Pagaruyung, a striking symbol of Minangkabau royal heritage. Along the way, sweeping views of Ngarai Sianok set the scene before we visit the historic Masjid Tuo Rao Rao, one of West Sumatra's oldest mosques. After a traditional Minangkabau lunch, we continue our journey back to Padang, carrying stories of history, faith, and highland beauty.*

### DAY THREE | Saturday 6 June 2026

- Visit Hatta Museum
- Pagaruyung Palace
- Depart for Rao Rao, Scenic Stops Along the Take a moment to enjoy the views of Ngarai Sianok and Sianok Valley.
- Stop for lunch at a local restaurant along the route then continue to Rao-Rao
- Drive to Padang from Rao Rao. The journey should take approximately 1 hour.



## HIGHLIGHT

*The picturesque, old city of Padang, where the echoes of history mingle with the vibrant bustle of life. This is a place where East meets West, where foreign traders first set foot and forged connections with the resilient Minangkabau people. As you wander through its streets, you'll uncover stories of how the Dutch laid out residential clusters for immigrants, creating a tapestry of cultures. Here, the market hums with the energy of the Chinese community, seamlessly coexisting and enriching the local landscape. It's a living testament to the power of culinary and cultural exchange, where every stall and vendor tells a story waiting to be savored.*

## DAY FOUR | Sunday 7 June 2026

- Breakfast
- Explore the old city, the oldest market in Padang
- Buy souvenirs
- Lunch of local Padang food
- Tour program ends





## Janet DeNeefe | Host

Janet DeNeefe our Host is Melbourne-born, Founder & Director of Ubud Food Festival and Ubud Writers & Readers Festival, has lived in Bali for more than three decades. Her latest book is Bali: Food of My Island Home, following her memoir Fragrant Rice. She is also the owner of Casa Luna, Indus Restaurant, and Honeymoon Guesthouse and Bakery in Ubud.

## Christina Arum H | Guest Relations

Arum will assist you during booking process and any inquiries related to the trip such as booking domestic flight to Ambon. She is person in charge for any information and questions about the trip, and you can contact her through email or phone. She will be on the trip with the group and happy to assist the guest needs.





## PADANG TOUR FEE

**13.500.000 IDR nett per person for Twin Shared**

**15.000.000 IDR nett per person for Single Occupancy**

### **Includes:**

- Meals and drinks throughout the program
- Accommodation at Santhika Hotel Padang & Bukittinggi
- Transportation
- Guide and Entrances Fees

### **Excludes:**

- Airfare to and from Padang
- Personal expenses
- Laundry, room service, snack bar
- Driver tips

### **NOTES**

The itinerary is subject to adjustment based on unforeseen circumstances; however, any changes will be substituted with equally engaging programs to ensure an enjoyable experience.

# PAYMENT TERM

Payment deposit non-refundable Rp. 5,000,000

Final payment due 14 days before departure.

Account details are as follows:

## **BCA Account**

Janet Mary DeNeefe

Bank : BCA Branch Ubud

Jl Raya Ubud No 10X Bali, Indonesia

Acc no:1350549117

Swift Code: CENAIDJA

## **OCBC Bank Account**

Janet Mary De Neefe

Acc no 693814340511

Jl Prof Dr Satrio blok C4 no 25

Kuningan, Jakarta, Indonesia

Bank Name : OCBC NISP

Swift code ocbc : NISPIDJA

*When submitting payment, please make sure all details are correct.*

*Please advise when the deposit has been made with a reference code*





*Thank you!*